



UC San Diego
SCHOOL OF MEDICINE

Upcoming Meetings

-American College of Physicians Southern California Regional Meeting, October 24, 2026, San Diego, CA:
<https://www.acponline.org/about-acp/chapters-regions/united-states/california-chapter/news-meetings#2026>

-Society of General Internal Medicine Southwest Regional Meeting - January 30, 2027, Rancho Mirage, CA
<https://www.sgim.org/sgim-community/regions/southwest/>

Scholarly Activities Newsletter



Publications, Projects, and Updates

•Please join us for our **brown bag research and scholarly activities interest group meetings**. Meetings are held the second Wednesday of the month from 11:30 AM – 12:30 PM on Zoom. Join members of the Research Committee for an informal chat about ideas for projects and collaborations. Whether you are just getting your feet wet or are passionate about research, all are welcome! Please check the Zoom link sent by Nerissa Leonardo each month for the meeting invitation.

•**Dr. Nilesh Shah** and colleagues published the following articles: "Patient Sharing of Digital Health Data in the Veterans Health Administration: A Cross-Sectional Analysis" in the *Journal of Medical Internet Research* in March 2026; "Understanding the Value of Virtual Care Technologies: Development of a Framework in the Veterans Health Administration" in *Frontiers in Digital Health* in May 2026; "Asynchronous Electronic Screening for Unhealthy Alcohol Use Among Veterans in Primary Care" in *JAMA Internal Medicine* in June 2026.

•**Dr. David Bittleman** published the article, "Maybe I Should Have Taken the Fork," in the *Annals of Family Medicine* in July 2026.

•**Dr. Megha Shankar** and colleagues published the following articles: "Perinatal Clinicians' Perspectives on Addressing Clinician Psychological Trauma and Well-Being in Perinatal Care" in *Research in Nursing & Health* in 2026; "Teaching Humanism and Racial Justice Effectively in Medical Education with Implementation of the Presence 5 for Racial Justice Curricula," in *Discover Education* in 2026; "Prenatal Clinicians' Perspectives on Trauma-Informed Care Competency and Training" in *BMC Medical Education* in 2026). In collaboration with colleagues, Dr. Shankar also gave the following workshops: "From Advocacy to Collective Action: A Roadmap for Building a Human Rights Program" (2026 International Refugee and Migration Health Conference, June 2026, 2026 SGIM Annual Meeting); "Self-Swabs and Safe Spaces: A Trauma-Informed Approach to

Resources for Scholarly Activities

-Poster printing resources:
[UCSD campus printing](#)

[Scientific poster printing](#)

*Some conference organizations (e.g., American Diabetes Association) may offer poster printing & delivery directly to the conference

-The CREST program provides training in clinical research.

<https://actri.ucsd.edu/centers-services/portfolio/education/crest/index.html>

-The Annals of Internal Medicine has an online open access journal for **publication of clinical cases**.

<https://www.acpjournals.org/journal/aimcc/about-us>

-UCSD provides free and discounted **software** for scholarly activities.

<https://blink.ucsd.edu/technology/computers/software-acms/available-software/index.html>

Cervical Cancer Screening and Pelvic Exams (2026 SGIM Annual Meeting). She and colleagues also made the following poster presentations: "HPV Self-Collection to Promote Trauma-Informed, Equitable Cervical Cancer Screening" (UC San Diego Women's Health Symposium, May 2026; UC San Diego GME Patient Safety/Quality Improvement Symposium, May 2026), "Stepping Stone to Trauma-Informed Cervical Cancer Screening: Implementing Primary HPV Testing in an Urban, Academic Medical Center" (UC San Diego Women's Health Symposium, May 2026; UC San Diego GME Patient Safety/Quality Improvement Symposium, May 2026; SGIM Annual Meeting, May 2026).

•**Dr. Natalie Colaneri, Dr. Stacey Charat, Dr. Megha Shankar,** and colleagues presented the poster, "A Call to Action for Internal Medicine Trainees: Establishing a Multi-Institutional California State Legislative Advocacy Conference," at the SGIM Annual Meeting in May 2026.

•**Dr. Miriam Hakim, Dr. Jessica Chen, Dr. Armelia Sani, Dr. Tejpreet Nakai, Dr. Megha Shankar,** and **Dr. Steven Li** presented the poster, "Cured by the Zombie Fungus? A Case of Mushroom-Derived Treatment for Chronic Lymphocytic Leukemia," at the SGIM Annual Meeting in May 2026.

•**Dr. Anugraha Paneerselvam, Dr. Armelia Sani, Dr. Jessica Chen, Dr. Tejpreet Nakai, Dr. Miriam Hakim, Dr. Deanna Hill,** and **Dr. Megha Shankar** presented the poster, "No Man's Land: Shedding Light on Male Breast Cancer and Social Determinants of Health," at the SGIM Annual Meeting in May 2026.

•**Dr. Ruth Abeles, Dr. Laura Eger,** and **Dr. Tanner Slayden** published, "[Escaping the OR: A Pilot Study of the Jigsaw-Based Workshop to Teach Preoperative Assessment in Internal Medicine Residency](#)," in *BMC Medical Education* in 2026. Dr. Abeles, Dr. Slayden, **Dr. Bernice Ruo,** and colleagues from Stanford presented, "Escape the OR: Learning the Basics of Preoperative Medicine," at the SGIM conference in 2026. Dr. Eger, Dr. Slayden, **Dr. Tejpreet Nakai,** Dr. Ruo, and Dr. Abeles presented, "Escaping the OR: A Pilot Study of a Jigsaw-Based Workshop to Teach Preoperative Assessment in Internal Medicine Residency," at SHM Converge 2026, Society of Hospital Medicine Annual Conference in 2026.

•**Dr. Heather Hofflich, Dr. Ruth Abeles, Dr. Ottar Lunde, Dr. Eduardo Grunvald,** and colleagues submitted the abstract, "Semaglutide Versus Placebo in NIT-Assessed MASH: A Real-World Pragmatic Multicenter Randomized Placebo-Controlled Trial (SAMARA)," to the American Associated for the Study of Liver Disease meeting in 2026.

Highlights from the UCSD Division of Geriatrics & Gerontology

The Division of General Internal Medicine is excited to partner with the UCSD Division of Geriatrics & Gerontology to share news about scholarly activities. Check out the Gerontology Research Collaborative website if you are interested in learning more and making connections.

<https://gerigeropal.ucsd.edu/research/grc/index.html>

•**Dr. Aleksandr Robbins, Dr. Tejpreet Nakai, Dr. Eduardo Grunvald, Dr. Ruth Abeles**, and colleagues had the abstract, "Unexpected Etiology of Obstructive Jaundice in an Elderly Patient on Incretin Therapy," accepted to Obesity Week in November 2026.

•**Dr. Ruth Abeles, Dr. Eduardo Grunvald**, and colleagues had, "From Weight Loss to Bruising: Vitamin C Deficiency Associated with GLP-1 Therapy," accepted to Obesity Week in November 2026.

•**Dr. Eduardo Grunvald, Dr. Ottar Lunde, Dr. Jennie Wei, Dr. Jennifer Deconde**, and **Dr. Neil Farber**, in collaboration with colleagues from the University of Alberta, co-authored in *Obesity Research and Clinical Practice*: "Changing Internal Medicine Residents' Attitudes Towards Managing People with Obesity Using an Interactive Educational Session with Lecture and Embedded Real-Life Patients' Experiences."

•With colleagues from Division of Cardiology, **Dr. Eduardo Grunvald** also co-authored a poster presentation at the Annual Meeting of the International Society for Heart and Lung Transplantation meeting in April 2026: "Safety of GLP-1 Receptor Agonists During LVAD Support: A New "Bridge-to-Transplant" Paradigm." With colleagues from Department of Radiology, he co-authored an oral poster presentation at the 33rd European Congress on Obesity meeting in May 2026 and the European Association for the Study of the Liver (EASL) Congress in May 2026, "Impact of Metabolic Surgery on Muscle Composition: A Longitudinal MRI Study."

Making Connections



•As discussed at recent GIM forums, if you have ongoing or new collaborative research projects, please add them to this shared [sheet](#).

•Please contact any of the Research Committee members at the email address(es) below if you would like to chat about research or scholarly activities. We are here to help! If you have updates on your scholarly activities that you would like to share, please email **Dr. Melinda Chen**.

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